

LIVING WITH ENDOMETRIOSIS AND NEED SUPPORT?

Being diagnosed and living with endometriosis can be a daunting experience. If you're finding things difficult, **we're here to help.**

Our trained volunteers, all with personal experience of endometriosis, can offer you the help you need to understand your condition and take control.

 www.endometriosis-uk.org

 **ENDOMETRIOSIS^{UK}**

QUALITY INFORMATION

Whether you have questions about diagnosis, treatment options or self-care techniques, you will find reliable and trust-worthy information on our website.

SUPPORT GROUPS

Our support groups can offer you much needs information, support and friendship to anyone affected by endometriosis. Joining a group can give the chance to meet and talk to others who understand your situation.

HELPLINE

Whether you've just been diagnosed, have questions about treatment options or would just like someone to talk to, you call our free confidential endometriosis helpline on **0808 808 2227**

WEBCHAT

Offering the same support and information as our Helpline, our free confidential endometriosis webchat service allows you to speak to one of our volunteers over our live chat system.

HEALTH UNLOCKED

Our online support and discussion forum is a place where you can safely and anonymously share your experiences, ask questions and find out more about endometriosis.

WEBINARS

Our webinar series delivers expert information to our growing endometriosis community. We work with endometriosis experts across the UK to support and inform our community on endometriosis treatment and care.

For full details of our support services visit
www.endometriosis-uk.org/get-support

 Helpline: **0808 808 2227**

